





**NUTRITIONIST APPROVED** ✓

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Sausages in Onion Gravy with Creamy Mash Potato	Pizza of the Day Margarita Pizza with Wedges 	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Chicken and Tomato Pasta Bake 	Fish of the Day Crispy Battered Fish with Chips
<b>ACCOMPANIMENTS</b>	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar
<b>DESSERTS</b>	Apple Crumble & Custard 	Strawberry Whip	Chocolate crunch	Blueberry and Banana Muffins	Fruit and Ice Cream 
<b>FRESH FRUIT &amp; YOGHURT</b>	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection



# MENU



Fuel your afternoon with a healthy school lunch from Mellors

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE