

## Return to School: Talking and Thinking Activity

Children will all have had very different experiences of lockdown and will likely be feeling mixed emotions about their time and returning to school. You may find it helpful to use the following questions as prompts to open up a discussion with your child about their feelings and experiences. So we can best prepare for your child's return, please jot down responses and email them to your child's class teacher.

**Name of Child:** \_\_\_\_\_

Thinking about time at home	Thinking about coming back to school
What have you enjoyed about your time during lockdown?	What are you looking forward to when you come back to school?
What have you found tricky?	Is there anything you are feeling worried about?
What one word would you use to describe your lockdown time?	What one word would you choose to describe your feeling about coming back to school?
Is there anything you will miss about learning from home?	Can you remember any school rules or routines?
Is there anything else you would like to share about this time?	Is there anything you would really like your teacher to know?